

Aventuras y desventuras de los alimentos que cambiaron el mundo

The Adventures and Misadventures of the foods that changed the world



US panel's choice Year 2019

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Food is a necessity and, at the same time, a pleasure that we encounter every day. But have you ever wondered where all those foods that appear on your table came from? The authors, working from two maps, one that details those products that were once exported to America, and another that collects those that were brought to the Iberian Peninsula from the other side of the Atlantic, look for answers via a formidable compendium of rigorous historical reviews, anecdotes, surprising statistics and curiosities. The links between cereals, spices, fruits, vegetables and legumes and literature are explored, with quotes from specific works and the reflections of poets and writers on food and its uses, together with an array of recipes. Edited with great taste and elegance, the book is a visual treat, and entertaining for any age.

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First Premio Iberoamericano al Mejor Libro Informativo para niños - for the best non-fiction book for children. For its impeccable scientific content, for the original and interesting treatment of the subject and for the simplicity and accessibility of the language.

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